



MELBA Z. MAYES, D.D.S., M.S.

PEDIATRIC DENTISTRY

2140 GRAND AVENUE, SUITE 200 • CHINO HILLS, CALIFORNIA 91709

(909) 548-4044 • (909) 548-0848 FACSIMILE

American Academy of  
Pediatric Dentistry

California Society of  
Pediatric Dentistry

American Dental  
Association

California Dental  
Association

Tri-County Dental Society

## INSTRUCTIONS PRIOR TO IV SEDATION

For your child's safety, all of the following instructions must be strictly adhered to before proceeding with IV sedation. Neglecting any of the following may compel the anesthesiologist to postpone treatment and a charge may be incurred.

### EATING OR DRINKING

It is extremely important that patients have an empty stomach. No solids and/or non-clear liquids (milk, orange juice) up to 8 hours prior to anesthesia. Clear liquids (water, apple juice) may be taken until 4 hours before the start of anesthesia.

### MEDICATIONS

Patients should take their normal daily medications unless otherwise instructed by the Anesthesiologist.

### CLOTHING

Short sleeves are advised and it is suggested that loose fitting pants be worn as well as comfortable shoes. For our older children do not wear makeup, nail polish, or false eyelashes. Contact lenses must be removed before anesthesia. For children it is suggested to bring a change of clothing and a blanket. Please feel free to bring a favorite toy, stuffed animal for comfort and security. If possible have your child wear a diaper or pull-up.

### CHANGE IN HEALTH

A change in health, such as cold or fever, is extremely important. Please notify Dr. Mayes or the Anesthesiologist if there is any change in your child's health. Some illnesses may necessitate delaying your child's treatment.

### DESIGNATED DRIVER

A parent must accompany the patient and must remain in the office. State law requires a car seat for patients under the age of four or weighing less than forty pounds.

### AFTER CARE

Please arrange to have a responsible adult care for the child after the sedation.

### QUESTIONS

Prior to your appointment the Anesthesiologist will contact you to review your preoperative instructions and to answer any questions. If you have any questions, you may call Dr. Khalaf (323)982-0004.